

Corporate Office  
Admin & PR Branch  
1<sup>st</sup> Floor, Bharat Sanchar Bhawan,  
H.C.Mathur Lane, Janpath,  
New Delhi-110001.  
Ph: 011-23734157, Fax: 011-23718288



भारत संचार निगम लिमिटेड  
(भारत सरकार का उपक्रम)  
BHARAT SANCHAR NIGAM LIMITED  
(A Govt. of India Enterprise)

BSNLCO-ADMN/84/1/2021-ADMN

Dtd. 8<sup>th</sup> June, 2026

To

The All CGMs,  
BSNL.

Subject: Participation in celebrations of International Yoga Day-2026-  
regarding.

Ref.:(1)Letter No. 16-24/2023-O&M dtd. 04.06.2026 from Under Secretary,  
DoT.  
(2)DO Letter No. M-16011/47/2026-YN dtd 01.06.2026 from Ministry of  
AYUSH.

Kindly find enclosed herewith the letter from Under Secretary, DoT  
under reference no. 01 and DO letter from Ministry of AYUSH under reference  
no. 02, pertaining to above mentioned subject. In this regard, it is requested  
to take necessary action as per the guidelines mentioned in the aforesaid  
letters to encourage the employees of your respective circles to register and to  
actively participate in the online Yoga session organized by Ministry of AYUSH  
on 14.06.2026 from 6:15 AM to 7:35 AM.

This is issued with the approval of the Competent Authority.

Enclosures: As above.

(Sanjiv Sharma) 8/6/26  
AGM(Admin)

Copy to:

- (1) PS to DIR(HR) for kind information.
- (2) All Unit Heads of BSNL CO, with the request to take necessary  
action as mentioned above.
- (3) All employees of BSNL, with the request to participate in the  
program on 14.06.2026.
- (4) Under Secretary, DoT for information please.

No. 16-24/2023-O&M  
भारत सरकार /Government of India  
संचार मंत्रालय/Ministry of Communications  
दूरसंचार विभाग/Department of Telecommunications  
\*\*\*\*\*

Sanchar Bhawan, 20 Ashoka Road  
New Delhi-110001  
Date 4.06.2026

To,

- |                             |                     |
|-----------------------------|---------------------|
| 1. DG (T), HQ               | 2. CGCA             |
| 3. CMD, BSNL                | 4. CMD, TCIL        |
| 5. CMD, MTNL                | 6. CMD, ITI Ltd.    |
| 7. DG, NCA (T)              | 8. DG, NCA (F)      |
| 9. CEO, C-DoT               | 10. Secretary, TRAI |
| 11. Sr. DDG (TEC)           | 12. Sr. DDG (NCCS)  |
| 13. Director, WMO           | 14. Director, NCA-W |
| 15. Deputy Registrar, TDSAT |                     |

**Subject: Participation in International Yoga Day -reg.**

Sir/Madam,

I am directed to forward herewith Ministry of AYUSH' s DO letter no. 16011/47/2026-YN dated 01.06.2026 on the subject mentioned above.

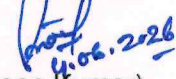
2. M/o AYUSH is attempting Guinness World Record for maximum number of people participating simultaneously in an online Yoga Session on 14<sup>th</sup> June, 2026 from 6:15 AM to 7:35 AM.

3. It is therefore requested that all employees of your Organisation may be encouraged to register themselves for the live sessions by giving a missed all on the toll-free number **1800-315-7008** and following the registration, actively participate in the live yoga session by link received through WhatsApp message.

4. This issues with the approval of Competent Authority.

Encl. as above.

Yours faithfully,

  
(Anoop Kumar)

Under Secretary to the Government of India  
Tele: 011-2303 6213

वैद्य राजेश कोटेचा  
सचिव  
Vaidya Rajesh Kotecha  
Secretary



भारत सरकार  
आयुष मंत्रालय  
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,  
आई.एन.ए. नई दिल्ली-110023  
Government of India  
Ministry of Ayush  
Ayush Bhawan, B-Block, GPO Complex,  
INA, New Delhi-110023  
Tel. : 011-24651950, Fax : 011-24651937  
E-mail : secy-ayush@nic.in

Dear Colleague,

D.O.No.M-16011/47/2026-YN  
01<sup>st</sup> June, 2026

As you are aware, the International Day of Yoga (IDY) has emerged as a global movement promoting holistic health, wellness, and harmony. In continuation of this collective endeavour, Ministry of Ayush is organising several nationwide activities as part of IDY 2026 celebrations.

In this regard, I would like to invite and encourage your active participation in the Guinness World Record attempt being organised by the Ministry of Ayush in association with Habuild Healthtech Pvt Ltd. on **14<sup>th</sup> June 2026 from 6.15 AM to 7.35AM**. This historic initiative aims to achieve the maximum number of people participating simultaneously in an online Yoga session through Ministry of Ayush YouTube platform.

To participate in this event, individuals are required to register by giving a missed call on the toll-free number **1800-315-7008**. Upon registration, participants will receive a WhatsApp message containing the session link.

On the day of the Guinness World Record attempt, every participant must individually log in through their own device, as each registered device joining the session will be counted towards the official record. Therefore, I request you to ensure maximum participation by encouraging all officials, employees, affiliated institutions, organisations, Yoga practitioners, and members of the public under your jurisdiction to join separately through their personal devices.

I shall be grateful for your personal intervention and support in ensuring wide publicity, mass mobilisation, and enthusiastic participation in the Guinness World Record attempt as part of IDY 2026 celebrations.

With regards,

Yours sincerely,

(Rajesh Kotecha)

To,

All Secretaries of all Ministries/Departments, Government of India